

Managing Your Money

Session Description

Time is a precious resource. The phrase "time = money" is certainly true in a business setting. Individuals require balance in their work lives so that they can meet both their job requirements and personal needs. Is it possible to manage time at work to be both satisfied and successful? This session will explore answers to this question.

Registration link:

Link: https://forms.gle/3Vk4Aj6yBCdamLnf7 . You can sign up to attend live sessions or receive access to the recording, which is available for 1 month.



November 27, 2024 12 pm - 1 pm

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Questions? Email wellness@providencehealth.bc.ca